Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Fall Back an Hour Change your Clocks. Daylight Saving Time Ends	2	3 **10:00-Sit- N- Fit-PR** **1:30-Exercise**	4	5 **9:00- Exercise** **10:00-Sit- N- Fit-PR** **3:00-Apostolic Church-CH**	6	7 **Donuts with Our Vets** 9-10:30am Fellowship Hall-Vets hope to see you here with your family.
8 Diwali (Hindi)	9	10 **10:00-Sit- N- Fit-PR** **1:30-Exercise**	11 Happy Veterans Day Veterans Day Remembrance Day (Canada)	12 **1:00-Resident Council-Fellowship Hall**	13	14
15	16	17 **10:00-Sit- N- Fit-PR** **1:30-Exercise**	18	19 **9:00- Exercise** **10:00-Sit- N- Fit-PR** **3:00-Apostolic Church-CH**	20	21
22	23	24 **10:00-Sit- N- Fit-PR** **1:30-Exercise**	25	26 **Happy Thanksgiving** Thanksgiving Day (U.S.)	27	28
29	30					

November 2026

North Shore, West Shore, Lakeview Residents

TO-Three oaks, SMS- Sugar Maple Suites, PP-Patio Pines, WL-Willow Lane, CH-Chapel, FR- Fellowship Room, PR-Pool Room, TOA-Three Oaks Activity Room, *Calendars Subject to Change.