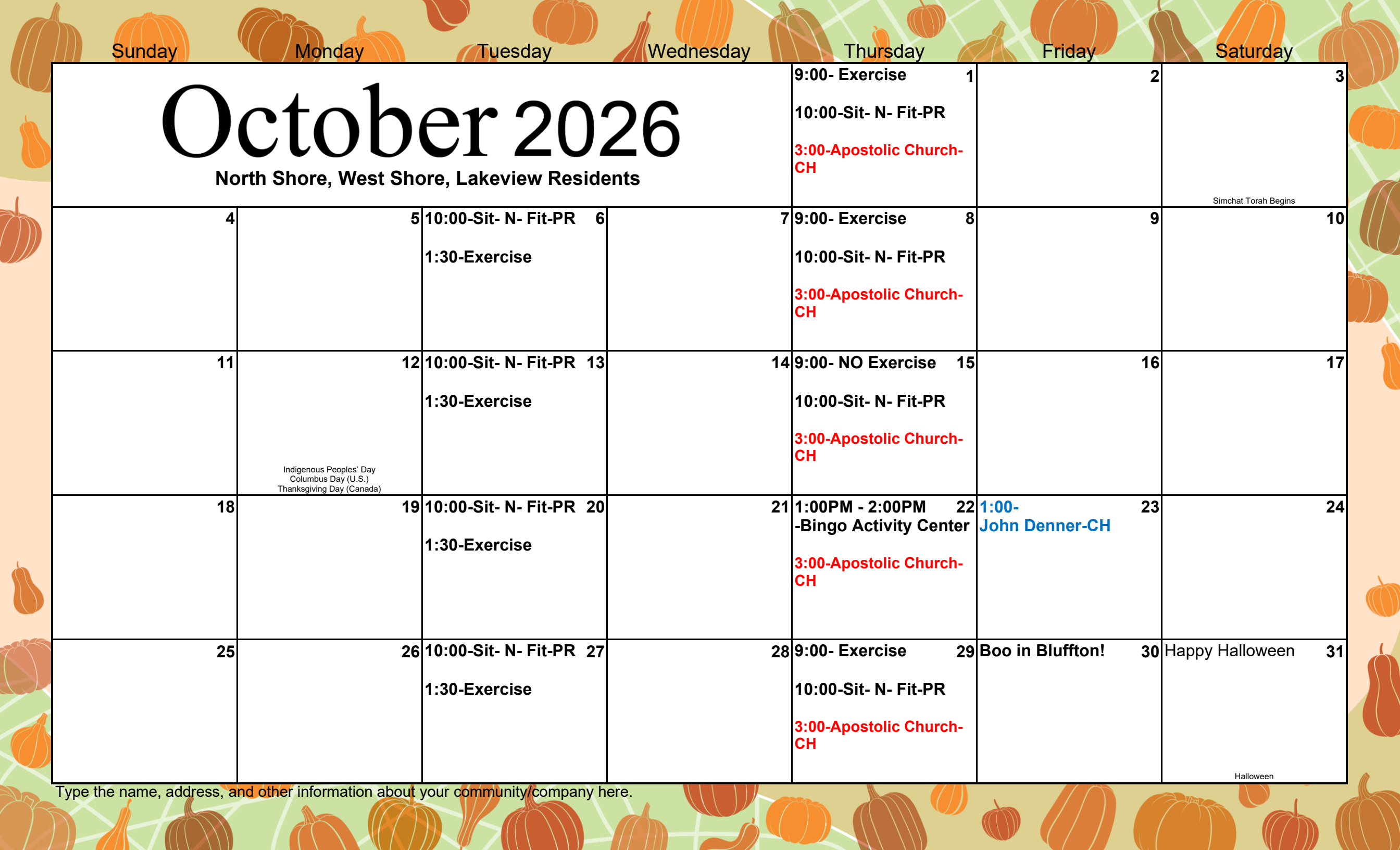




Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

North Shore, West Shore, Lakeview Residents

1			2			3		
9:00- Exercise			10:00-Sit- N- Fit-PR			3:00-Apostolic Church-CH		
						Simchat Torah Begins		
4			5			10:00-Sit- N- Fit-PR 6		
						1:30-Exercise		
						9:00- Exercise 8		
						10:00-Sit- N- Fit-PR		
						3:00-Apostolic Church-CH		
11			12			10:00-Sit- N- Fit-PR 13		
						1:30-Exercise		
						Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)		
						14		
						9:00- NO Exercise 15		
						10:00-Sit- N- Fit-PR		
						3:00-Apostolic Church-CH		
18			19			10:00-Sit- N- Fit-PR 20		
						1:30-Exercise		
						21		
						1:00PM - 2:00PM 22		
						-Bingo Activity Center		
						1:00- John Denner-CH		
						3:00-Apostolic Church-CH		
25			26			10:00-Sit- N- Fit-PR 27		
						1:30-Exercise		
						28		
						9:00- Exercise 29		
						10:00-Sit- N- Fit-PR		
						3:00-Apostolic Church-CH		
						Boo in Bluffton! 30		
						Happy Halloween 31		
						Halloween		

Type the name, address, and other information about your community/company here.