

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 DON'T FORGET RSVP TO THE ZOO OR SHIPSHEWANA MUSICAL TRIP!	HAPPY LABOR DAY Labor Day	10:00-Sit- N- Fit-PR 2 1:30-Exercise	10:00-Sit- N- Fit-PR 3	9:00- Exercise 4 10:00-Sit- N- Fit-PR 3:00-Apostolic Church-CH	10:00-Sit- N- Fit-PR 5	6
HAPPY GRANDPARENTS' DAY! Grandparents Day	10:00-Sit- N- Fit-PR 8	10:00-Sit- N- Fit-PR 9 1:30-Exercise	10:00-Sit- N- Fit-PR 10	NO EXERCISE 11	10:00-Sit- N- Fit-PR 12	13
14	10:00-Sit- N- Fit-PR 15	10:00-Sit- N- Fit-PR 16 1:30-Exercise	10:00-Sit- N- Fit-PR 17	9:00- Exercise 18 10:00-Sit- N- Fit-PR 3:00-Apostolic Church-CH	10:00-Sit- N- Fit-PR 19	20 Oktoberfest Begins
21	10:00-Sit- N- Fit-PR 22 Rosh Hashanah Begins Autumn Begins	10:00-Sit- N- Fit-PR 23 1:30-Exercise	10:00-Sit- N- Fit-PR 24	9:00- Exercise 25 10:00-Sit- N- Fit-PR 3:00-Apostolic Church-CH	10:00-Sit- N- Fit-PR 26 LAST DAY TO RSVP for ZOO for OCT Trip! -CALL CCRC FRONT DESK TO RSVP. FLYER FOLLOWING INFO	27
28	10:00-Sit- N- Fit-PR 29	10:00-Sit- N- Fit-PR 30 1:30-Exercise				