

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2024

North shore, Lakeview, West shore Residents

						10:00-Sit- N- Fit-PR 1 2:00-SWEET SIPPERS (Ladies only)-TOA	2
10:00-Apostolic Church-CH 3 2:00- Lowell Druley-CH <small>Daylight Saving Time Ends</small>	10:00-Sit- N- Fit-PR 4	10:00-Sit- N- Fit-PR 5 1:30-Exercise	10:00-Sit- N- Fit-PR 6 2:00- Clark Stoller-CH	9:00- Exercise 7 10:00-Sit- N- Fit-PR	Diwali (Hindu)	10:00-Sit- N- Fit-PR 8	9 Donuts with the Vets 9-11AM Open house! - FR
10:00-Apostolic Church-CH 10	10:00-Sit- N- Fit-PR 11	10:00-Sit- N- Fit-PR 12 1:30-Exercise	10:00-Sit- N- Fit-PR 13 2:00- Clark Stoller-CH	9:00- Exercise 14 10:00-Sit- N- Fit-PR		10:00-Sit- N- Fit-PR 15	16
10:00-Apostolic Church-CH 17 2:00- Alan Shaffer-CH	10:00-Sit- N- Fit-PR 18	10:00-Sit- N- Fit-PR 19 1:30-Exercise	10:00-Sit- N- Fit-PR 20 2:00-1 st Reformed Church-CH	9:00- Exercise 21 10:00-Sit- N- Fit-PR		10:00-Sit- N- Fit-PR 22	23
10:00-Apostolic Church-CH 24 2:00- Clek-CH	10:00-Sit- N- Fit-PR 25	10:00-Sit- N- Fit-PR 26 1:30-Exercise	10:00-Sit- N- Fit-PR 27 2:00- Clark Stoller-CH	Happy Thanksgiving! 28		10:00-Sit- N- Fit-PR 29 2:00-Mens group (men only)-TOA	30

TO-Three Oaks, SMS-Sugar Maple Suites, PP-Patio Pines, WL-Willow Lane, CH-Chapel, FR-Fellowship Room, Pool Room-PR, TOA- Three Oak Activity Room *Calendar Subject to Change.