

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2024

## North Shore, West Shore & Lakeview Residents

					9:00-Light & Lively 1 10:00-Sit-N-Fit-PR	10:00-Sit- N- Fit-PR 2	2:00-Song of Praise-CH 3
2:00-Lowell Druley-CH 4	10:00-Sit- N- Fit-PR 5 6:00-Faithful Friends-CH	10:00-Sit- N- Fit-PR 6 1:30-Light & Lively	10:00-Sit- N- Fit-PR 7	9:00-Light & Lively 8 10:00-Sit-N-Fit-PR	10:00-Sit- N- Fit-PR 9		10
2:00-Clek-CH 11	10:00-Sit- N- Fit-PR 12	10:00-Sit- N- Fit-PR 13 12:30 lunch in at the Activity Center- RSVP by Aug 9,2024 to Courtney NO Exercise	10:00-Sit- N- Fit-PR 14	9:00-Light & Lively 15 10:00-Sit-N-Fit-PR	10:00-Sit- N- Fit-PR 16	2:00- singing in the Chapel-CH	17
	18 10:00-Sit- N- Fit-PR 19	10:00-Sit- N- Fit-PR 20 1:30-Light & Lively	10:00-Sit- N- Fit-PR 21	10:00-Sit- N- Fit-PR 22 NO Exercise	10:00-Sit- N- Fit-PR 23	2:00-Jim Loving (Gospel Barn)-CH	24
2:00-Alan Shaffer-CH 25	10:00-Sit- N- Fit-PR 26	10:00-Sit- N- Fit-PR 27 1:30-Light & Lively	10:00-Sit- N- Fit-PR 28	9:00-Light & Lively 29 10:00-Sit-N-Fit-PR	10:00-Sit- N- Fit-PR 30		31

TO-Three Oaks, SMS-Sugar Maple Suites, PP-Patio Pines, WL-Willow Lane, CH-Chapel, FR-Fellowship Room, Pool Room-PR, TOA- Three Oak Activity Room \*Calendar Subject to Change