

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1

2

3

4

5

6

9:00 – 12:00
Men's Euchre
All men are invited!

1:30 Aerobics & Hoops

No Exercise Today
9:45 Mother's Day Brunch
(Fellowship Room @ Christian Care)

3:00 Sweet Sippers-PP
• Ladies Only!
(Coffee, tea & Sweets)
RSVP to Rene -May 3

May Day

Cinco de Mayo

7

8

9

10

11

12

13

9:00 – 12:00
Men's Euchre

1:30 Aerobics & Conductorsize

No Exercise Today

Holland Tulip Festival Trip

14

10:00 Sit-n-Fit –FR

15

10:00 Sit-n-Fit –FR

16

17

18

19

20

9:00 – 12:00
Men's Euchre

1:30 Aerobics & Balls

No Exercise Today

Mother's Day
National Skilled Nursing Care Week

Armed Forces Day

21

No Exercise Today-FR

22

10:00 Sit-n-Fit –FR

23

10:00 Sit-n-Fit –FR

24

10:00 Sit-n-Fit –FR

25

10:00 Sit-n-Fit –FR

26

PP – Patio Pines Act. Room

9:00 – 12:00
Men's Euchre

1:30 Balance & Strength w/ Stretch Bands
2:15 Get Your Game On! Join us for games & snacks!

9:00 Gentle Movement

3:00 Story Swap -TO Café Overflow @ Christian Care.
• Men Only!
RSVP to Rene –May 19

FR – Fellowship Rm. TO Café Overflow
• All at CCRC
• Ext. 2177 to RSVP (Rene)

Victoria Day (Canada)

Shavuot Begins

28

9:00 – 12:00
Men's Euchre

29

10:00 Sit-n-Fit –FR

30

10:00 Sit-n-Fit –FR

31

• SEE LETTER on BACK!



May 2023

North Shore, West Shore, & Lakeview Residents

Memorial Day