

NEWS LETTER

A quarterly newsletter for the friends and family of Christian Care Retirement Community

August 2021–October 2021

Farewell

You may not always end up where you thought you were going,
but you will always end up where you were meant to be.



Although one of my first jobs was working in the kitchen of a nursing home in high school in Illinois, I never expected that I would end up spending 15 years of my life employed at a retirement community! In 2005 I started here as the Human Resource Director and later transitioned into the Business Office. Then in 2017, I had the exciting opportunity to apply for the Administrator position, which is where I've been since. However, my husband and I recently made the decision that it was time for me to resign from my position at Christian Care and join him in managing our family business, Emshwiller & Emshwiller.

I have many great memories spread over my 15 years of tenure at Christian Care and am thankful to all of you for the support and kindness I've received throughout.

Best Wishes to All!

- Donna Emshwiller
Administrator

INSIDE:

- Activities Department 2
- Birthdays..... 3
- Admissions..... 4
- Farewells..... 4
- Hospitality Services..... 5
- Nursing Notes 5

Best Wishes Donna! 

Activities Department

Greetings,

What a warm summer we have had. It was so nice to be able to have family visit again. We appreciate your understanding and patience during this uncertain time. We are slowly moving back into a normal routine again with activities and everyday living.

We have kept busy with activities, van rides, snapping green beans, lots of trips to Walmart, Wells County Library, Toppings Ice Cream Parlor, Wilshire, OH to get ice cream, bingo and church in the chapel. What an amazing feeling to be able to fellowship together again. We have enjoyed going to Decatur to the ABC Cinema to watch movies. They have been so welcoming to us. Thank you to Apostolic VBS kids for singing for us this year.

We have plans to take the Christian Care bus through the opening day parade at Street Fair. Hoping we will be able to take the residents up to enjoy lunch at the fair one day – more information will follow.

Volunteer Corner:

We have several openings for volunteering. If you have a heart for volunteering and a few hours a week or even a month, we have a place for you. Volunteer activities include: van rides, wheel chair rides, snack-n-chat, passing ice water, bingo and staff screening. Please contact Betty Lough, Activity Director.

I can't say thank you enough to all of our volunteers who have helped with our staff screening over the last several months.

We have had several staff changes in the activities department. Elaine Kipfer is no longer a part of our team. We wish her the best of luck at her new job. I would like to welcome Kristina Coy, Haley Gibson and Margo Haiflich to our team.

Have a blessed fall.

With all humility and gentleness, with patience, bearing with one another in love,
– Ephesians 4:2

– Betty Lough
Activity Director



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Retirement Community consisting of:

- Independent Living
 - North Shore Estates
 - Lakeview Estates
 - Patio Pines Apartments

- Assisted Living
 - Three Oaks Apartments
 - Sugar Maple Suites

- Skilled Nursing
 - The Orchard
 - Golden Apple

ADMINISTRATION

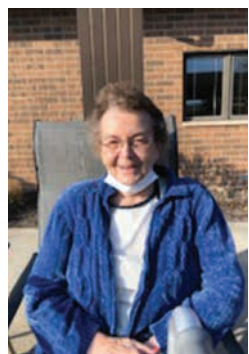
Executive DirectorPreston D. Kaehr
 Administrator Donna Emshwiller
 Director of NursingRachel Quillen
 Business Office..... Donna Geisel
 Social Service DirectorMaria Bates
 Hospitality Services DirectorDeb Dove
 Scheduling Coordinator.....Barb Werling
 Maintenance SupervisorDion Dubbeld
 Human Resources DirectorKatie Holloway
 Activity Director.....Betty Lough

Members of:

- Leading Age Indiana
- Wells County Chamber of Commerce

Mission Statement:

“Enriching senior living with Christian values and compassionate quality service.”



Happy Birthday!!!!!!

Residents

Claire Yergler	Sept. 1
Marilynn Triplett.....	Sept. 4
Jan Curry	Sept. 7
Ruth Arnold.....	Sept. 10
Darrell Gilbert.....	Sept. 18
Bob Meyer	Sept. 23
Avis Hulvey.....	Sept. 26
Hedy Vaughn.....	Sept. 29
Glenna Plummer.....	Oct. 9
Colleen Ringger	Oct. 10
Keith Prough.....	Oct. 13
Roland Lach.....	Oct. 17
Joan Gerber.....	Oct. 21
Patricia Higgins.....	Oct. 23
Vickie Osborn	Oct. 27
Jerry Shaw	Oct. 27
Ruth Falk	Oct. 29
Betty Steffen.....	Oct. 30
Bette Erxleben	Nov. 1
Vernon Gerber.....	Nov. 1
Caroll Scott.....	Nov. 1
Gloria Kaehr.....	Nov. 4
Ruth Ann Monroe.....	Nov. 4
Donna Jean Warnimont	Nov. 9
Jayne Schriver.....	Nov. 10
Joyce Troxel.....	Nov. 11
Mary Kay Prough.....	Nov. 16
Joyce Longenberger.....	Nov. 19
Nancy McCroskey	Nov. 19
Vernon Bynum	Nov. 23
Bonnie Gerber	Nov. 23
Doyle Keith Meade	Nov. 23
Marilyn Meade.....	Nov. 24
Betsy Strahm	Nov. 28
Louise Deihl.....	Nov. 29
Bette Mathias	Nov. 30

Employees

Debra Dove	Sept. 1
Connie Parsons.....	Sept. 7
Tiffany Roe.....	Sept. 8
Jen Whicker	Sept. 8
Terri Golden.....	Sept. 11
Lana Summers.....	Sept. 11
Robin Ginger.....	Sept. 15
Kiersten Boots	Sept. 20
Laura Baker	Sept. 25
Amber Costello.....	Sept. 27
Stacey Lindsay.....	Sept. 27
Anastasia Shanks.....	Sept. 27
Haley Gibson.....	Oct. 4
Shannon Andrews.....	Oct. 16
Oriana Makowski.....	Oct. 18
Rose Moser	Oct. 18
Tamara Kaehr	Oct. 19
Dion Dubbeld.....	Oct. 22

Megan Garza.....	Oct. 22
Shelby Cole.....	Oct. 24
Trey Craighead.....	Oct. 31
Jacob Thomas.....	Nov. 2
Amy Anderson	Nov. 6
Carla Girod.....	Nov. 7
Ruth Allen.....	Nov. 8
Alicen Rinehart.....	Nov. 12
Ron Dubbeld	Nov. 13
Ireland Greenway	Nov. 20
Colten Jones.....	Nov. 21
Betty Lough.....	Nov. 28
Shannon Miller.....	Nov. 30
Cassandra Priester	Nov. 30



Welcome!!!!!!

Admissions & Discharges

Christian Care welcomed...

- Alice Stevens
- Bonnie Gerber
- Gloria Reeves
- Tom Smith
- Lynn Osborn
- Joyce Braner
- Keith Prough
- Maurice Moser
- Shirley Adams
- Jauneanne Monroe
- Sharon Gentis
- Nancy McCroskey

- Bernice Thomas
- Elizabeth Andrews

Christian Care discharged...

- Marilyn Franke
- Jan Elliott
- Tom Moser
- Janet Fuller
- Alice Stevens
- Maurice Moser
- Keith Prough
- Joyce Braner
- Jauneanne Monroe

Assisted Living welcomed...

- Jan Elliott
- Jauneanne Monroe

Assisted Living Discharged:

- Donna Dillman

Christian Care Says Farewell

Pauline Kolter came to Healthcare on April 12, 2017 from Bluffton Regional Medical Center and passed away on April 10, 2021. She is survived by a son, a daughter, five grandchildren and nine great-grandchildren. She was a homemaker. She was a member of the Pleasant Dale Church of the Brethren in Decatur. We express our deepest sympathy to her family.

Jeanne E. Gerber came to Healthcare on March 9, 2021 from Miller Merry Manor in Huntington, and passed away on April 15, 2021. She is survived by her husband, Arlin, four sons, three step-daughters, 19 grandchildren and 14 great-grandchildren. She was a beautician for 30 years and a homemaker. She was a member of the Apostolic Christian Church. We express our deepest sympathy to her family.

Emmaline Hinshaw came to Healthcare on April 11, 2021 from Christian Care Assisted Living and passed away on May 3, 2021. She is survived by a son, four daughters, six grandchildren and 10 great-grandchildren. She worked at Micklitsch Salon and retired as a Norwell bus driver. She was a lifelong member of the Murray Missionary Church. We express our deepest sympathy to her family.

Wendell Gerber came to Healthcare on March 15, 2021 from Christian Care Assisted Living Apartments and passed away on May 28, 2021. He is survived by six daughters, eight grandchildren and 11 great-grandchildren. He retired from National Oil and Gas in 2007 after many years. He was a member and served as a minister at the Apostolic Christian Church. We express our deepest sympathy to his family.

Jay Kipfer came to Healthcare on May 21, 2021 from Bluffton Regional Medical Center and passed away on June 18, 2021. He is survived by two daughters, one son, five grandchildren and four great-grandchildren. He retired from National Oil and Gas in 2010 after 55 years. He was a member of the Apostolic Christian Church. We express our deepest sympathy to his family.

Martha Rupel came to Healthcare on March 9, 2021 from Christian Care Assisted Living Apartments and passed away on June 29, 2021. She is survived by two daughters, a son, nine grandchildren, 20 great-grandchildren and seven great-great-grandchildren. She was a homemaker. We express our deepest sympathy to her family.

Robert (Bob) Melching came to Healthcare on June 15, 2021 from Lutheran Hospital and passed away on June 29, 2021. He is survived by his wife, a son, a daughter and two grandchildren. He retired from Fort Wayne National Guard Base in 2011 and was a Master Carpenter for over 50 years. He was a member of the Southwest Assembly of God Church. We express our deepest sympathy to his family.

Marjorie LaMar came to Independent Living on February 26, 2021 and passed away on July 1, 2021. She is survived by her husband Joe, two daughters, four sons, 12 grandchildren, 20 great-grandchildren and one great-great-grandchild. Marjorie taught English in the Northern Wells Middle School for 23 years. She was a member of the First United Methodist Church in Bluffton. We express our deepest sympathy to her family.

Phyllis Binegar came to Healthcare on July 3, 2021 from Christian Care Assisted Living Apartments and passed away on July 18, 2021. She is survived by her three sons, five grandchildren and six great-grandchildren. She worked at Caylor-Nickel Clinic and for Dr. Merkel at Wells Community Hospital. She was a member of Union Chapel Church of the Nazarene. We express our deepest sympathy to her family.

Hospitality Services



Walking past the dining room and hearing residents talking and laughing has been good for our souls. We learned the importance of this and how much we missed it when we were able to resume some normalcy of residents sitting in the dining room together. There were many smiles, much laughter, and even a few tears the day we did this.

We are looking forward to continuing with fellowship and some of our favorites back this year...fresh fruit, sweet corn, cook outs, and the Famous Bluffton Street Fair.

We are looking forward to some special treats and foods in the next few months. We continue to be thankful for all of the team members we have and how they've gone above and beyond.

– Deb Dove
Hospitality Services Director



Nursing News: Dementia Care and How to Respond

When you hear the word “dementia” you often think of someone that can’t remember anything anymore or has difficulty processing new information. Even though these statements are true it does go much deeper than that. Dementia is a general umbrella term used to describe different types of more specific dementias, such as Alzheimer’s disease, vascular dementia, Lewy Body dementia, mixed dementia’s, and the many other types that also exist. Dementia causes loss of memory, language, problem-solving and other thinking abilities that are severe enough to interfere with daily life according to the Alzheimer’s Association.

Dementia is caused by damage to brain cells, which interferes with the ability of the cells to communicate with each other. When brain cells cannot communicate, this affects overall communication, thinking, behavior and feelings. Dementia is progressive with symptoms starting out slowly and gradually getting worse.

There is no cure for dementia but some medications may help to slow the progression of the disease if started early. Research does suggest that in later stages of the disease these types of medications may not be beneficial any longer.

Loved ones often start to see changes in mental and physical conditions. At first it may be forgetting important dates or what you ate a few hours ago and then it progresses to much more such as decreased mobility, getting lost, behavioral changes, incontinence or communicating ineffectively. By the later and end stages of dementia the person may be bed or chair bound, require total dependent care and may no longer be able to communicate at all.

As a family member, what can you do to help your loved one with dementia?

1. Set a positive mood for interaction
2. Get the person’s attention
3. State your message clearly
4. Ask simple, answerable questions
5. Listen with your ears, eyes, and heart
6. Break down activities into a series of steps
7. When the going gets tough, distract and redirect

It’s usually not effective to share sad or bad news with a person that has dementia. More than likely this will confuse them, develop behaviors and cause more harm than good if they are constantly being

reminded of or sharing this news. Keep conversations light hearted and positive even if you talk about the same topic over and over again. You should never disagree or argue with a dementia resident, they have a reality that may be all their own and you have to enter that and be part of it even if it seems unnatural. Redirection to different topics or activities can help divert negative behavior or sadness in dementia. Dementia residents tend to remember things from their childhood, teenage and early adult years but often not the last 50-60 years. Ask them about what their favorite childhood memory was, what was their mom, dad and siblings names, what hobbies did they like, and where did they go to school? Speaking on more current or recent topics usually proves to be irrelevant for someone with dementia.

There are a lot of resources and support groups for dementia. Please seek these out for more information or ask any of our knowledgeable staff if you have any further questions.

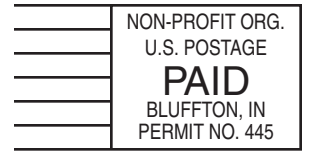
Wishing everyone a wonderful Fall Season!!

– Rachel Quillen, RN
Director of Nursing and Residential Services



**CHRISTIAN
CARE** Retirement
Community

720 Dustman Road • Bluffton, Indiana 46714-1214
Phone (260) 565-3000



Return Service Requested



**3 Months
Rent-Free**
Senior Living Apartments

260-565-3000

