

NEWS LETTER

A quarterly newsletter for the friends and family of Christian Care Retirement Community

February 2020–April 2020

Christian Care Welcomes New Volunteer Coordinator



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My name is Lindsey Grube. I took over as the Volunteer Coordinator in December.

I am 26 years old and I enjoy spending time with friends, my dog Cali, attending church, and staying active. Over the years, I have worked in a variety of positions here: from volunteering, to being a CNA and an Activity Aide. Though Kim will be greatly missed, I am happy to serve you in this manner.

Along with coordinating volunteers, I am also heading up the meal delivery service. If you have any questions or concerns, feel free to contact me at extension 2143.

I would like to thank each and every one of you who had a hand in making the Residents' Christmas Party a success! The residents loved their gifts and your efforts did not go unrecognized!

I hope you are staying warm during this winter season. Know that ifference no matter what your role is inside of Christian Care and out! I

you make a difference no matter what your role is inside of Christian Care and out! I truly appreciate your patience and understanding while I am making this transition. Your smiles and encouraging words are felt! I look forward to meeting you all and appreciate your efforts to be a light to the residents here at Christian Care.

Thank you!

– Lindsey Grube Volunteer Coordinator

Activities Department

Happy New Year "2020"! It is hard to believe another year has come and gone. The Christmas season found us very blessed. Thank you for all the special treats and carolers. A big thank you to everyone who helped make our Christmas gift party a success – your time and generosity is greatly appreciated! As a community, we are truly blessed to have so many amazing people who come together to share their love and compassion.

Our residents enjoyed Christmas light tours. The lights were beautiful this year. Praying the weather will allow us to continue with our van rides, dine outs and shopping trips.

Golden Apple continues to stay busy with their crafts and activities. They enjoyed a Christmas light tour.

Bluffton Middle School will continue coming to CCRC twice a month for Community Circle. We continue our visits with Hope Preschool. It is such a blessing when we can bring two generations together.

Rene, our Assisted Living Activity Director, continues to bring new and creative activities to our Villa and Assisted Living residents. Janet, Lindsey, Elaine and Dillon continue to help bring joy and happiness while keeping our Healthcare residents busy with activities. We are blessed to have such a good staff. We had a Deck the Halls competition. Each of the three hallways in Healthcare along with the Housekeeping hallway decorated their hall to the theme of their choice. All the halls looked beautiful! The staff and residents worked hard. With a close vote of 6 to 5, the Golden Apple won. Thank you to all that participated.

Upcoming events:

• First Reformed Church will have a Lent service on Feb. 26 at 6:30pm in the chapel.

• Lolly and I have a special treat planned for the end of January and the beginning of February. Christian Care will become "Hope of the Sea." Please enjoy the ride as we transform Christian Care into a cruise ship.

There will be a few changes to the Sunday Entertainment starting on January 5th. Entertainment will start at 3pm in the chapel instead of 3:30pm.

We have a new face in activities. I would like to welcome Elaine Kipfer to the Activities Department. She will be working in both Healthcare and Assisted Living. Please help us make her feel welcome.

Looking forward to many opportunities that may come in 2020.

- Betty Lough Activity Director





720 E. Dustman Road Bluffton, Indiana 46714-1214 Phone (260) 565-3000 Administrative Fax (260) 565-3009 Nursing/Orchard Fax (260) 565-3003

> Web Site: www.christiancarerc.org

> E-mail: info@christiancarerc.org

Retirement Community consisting of: Independent Living

- North Shore Estates
- Lakeview Estates
- Patio Pines Apartments Assisted Living
 - Three Oaks Apartments
 - Sugar Maple Suites
- Skilled Nursing
 - The Orchard
 - Golden Apple

ADMINISTRATION

Executive DirectorPreston D. Kaehr
Administrator Donna Emshwiller
Director of NursingRachel Quillen
Business Office Donna Geisel
Social Service DirectorMaria Bates
Residential Services Director Emma Rhoderick
Dir. of Food & Nutrition SvcsLolly Harter
Maintenance Supervisor Dion Dubbeld
Executive HousekeeperKandy Kahn
Laundry SupervisorRita Davis
Human Resources Director Katie Holloway
Activity DirectorBetty Lough
Volunteer CoordinatorLindsey Grube

Members of:

- Leading Age Indiana
- Wells County Chamber of Commerce

Mission Statement:

"Enriching senior living with Christian values and compassionate quality service."

Happy Birthday!!!!!

Residents

Larry Farling	
Alvin Fiechter	
Joyce Baumgartner	March 8
Evelyn Gerber	March 8
Susie Ellison	
Doris Neuenschwander	March 11
Alice Stevens	March 13
Les Meyer	
Walter Neuenschwander Jr	
Ruth Ifer	
Barbara Haffner	
Arlene Habegger	
Judith Cupp	
Jacob Fluke	
Walter Erxleben	
Betty Longenberger	
Elizabeth Schwartz	
Norma Smith	
Marilyn Gerber	
Florence Kellogg	
Evelyn Ivins	April 8
Jerry Flack	April 10
Patricia "Patty" Moser	April 10
Bernice Fiechter	April 12
Connie Frauhiger	
Patricia Mitchel	
Dwight Troxel	
John Steffen	
Edna Wenger	
Dale Fiechter	
Dorothy Archbold	
Elizabeth Diehl	
Marcella Yergler	
Phyllis Shady	
Thelma Hill	
Rosemary Gerber	
Carolyn Osborn	
Tom Frauhiger	
Lester Gerber	
Sandra "Sandy" Myers	
Lynn Osborn	May 6
William Longenberger	May 8
Jayson "Stuart" Miller	
Robert "Bob" Falk	
Carolyn Meyer	
Nellie Sleppy	
Josephine Schwartz	
Emmaline Hinshaw	
Delores Heyerly	
Carol Stern	
Marjorie Baumgartner	
Betty Bynum	
Justine Gerber	
Luann Fahl	Nay 30

Employees

	M 1 1
Bailey Engle	
Megan Troxel	
Amber Foss	
Marie Winkler	
Wyatt Girod	
Rachel Quillen	
Deanna Stuckey	
Emily VanOver	
Kayla Meyer	
Jeff Neuenschwander	
Amber Pfister	
Caitlin Branham	
Sarah Speheger	
Mary Lynn VanPaepeghem	
Oriana Williams	
Filipinas Bonjour	
Diane Johnson	April 5
Shannon McEvoy	April 5
Barbara Werling	April 5
Emma Rhoderick	April 8
Ashley McAfee	April 9
Kaitlyn Ellis	April 11
Reis Myers	
Nathan Phuong	
Donna Emshwiller	-
Jonathan Prater	
Michael Laux	
Beverly McCartney	
Lindsey Grube	
Jonilda Blair	
April Frauhiger	
Anna Hoover	<u> </u>
Valerie Lynch	*
Lanie Zimmer	
Megan Slater	<u>^</u>
Kendyl Coles	*
Ethan Dunnuck	
Dylan Craighead	<u>^</u>
Dillon Higginbottom	
Paige Schwieterman	
Liberty Crist	
Hannah Mosser	
Stacy Payne	
Sharon Creager	
Mark Geisel	
Sarah Bothast	
Robin Myers	
Catherine Halterman	
Janice Flowers	
Luann Fahl	
Beth Hanni	Nay 51

Nursing Notes

– CNA Classes at Christian Care

This month I was asked to write a little bit about our CNA program.

As many of you know I have been the Program Director for over twenty-three years. I have always enjoyed teaching these students how to properly care for our elderly. Most of the students have no idea what it takes to become an Indiana State Certified Nursing Assistant. Well, it takes thirty hours of classroom studies and seventy-five hours of clinical training. I prefer to do the classroom portion, all thirty+ hours, in one week. That makes it tough to sit and listen to me ramble on about caring for the elderly. On the last day of class, I give a one-hundred question exam. All students must pass this test with an 80% to move on to the clinical portion. At that point they are hired on as employees and will be working directly with another CNA to reach their seventy-five hours of clinical training.

During this time they are overseen by the nurse on the hall, and will be practicing and getting signed off on their seventy-two skills that I have taught them. Once they have finished their seventy-five hours, I will submit their name to the testing entity and a test will be scheduled. At the testing, each student is given a written exam of one-hundred questions, which they must pass with an 80%, and a skills exam of at least five skills. This portion seems to be the hardest as it is very stressful to learn each step of each skill. And remember, sometimes these testers are very intimidating. Once they have successfully passed both portions of the test, they are CNA's. They have three opportunities to take each part of the exam.

Christian Care has been hosting about four classes a year as long as we can get the proper students. I am very glad to do these classes and am pleased to now have help teaching, as Lindsay Holmes is now certified to be a director also. Often times we have to divide and conquer between teaching, testing and working our regular jobs by staffing the floors. We are so glad to offer this chance to help build up our staff and train these students in the way we want our residents to be cared for.

~ RECIPE ~

RANCH POTATOES

- 10 red potatoes
- ³⁄₄ c. sour cream
- 1/2 c. ranch dressing
- 1/2 c. bacon
- parsley
- 1/2 c. shredded cheddar cheese

TOPPING:

- 1/2 c. shredded cheese
- 1/4 c. butter
- crushed corn flakes

Quarter potatoes and cook. Mix sour cream, dressing, bacon, and ½ cup of cheese together. Put potatoes in pan and pour mixture on top. Sprinkle ½ cup of cheese and crushed corn flakes into the butter and put on top of potatoes. Bake at 350 degrees for 40 minutes.



Dietary News

The year 2020 is starting off to be a GREAT YEAR!

I would like to thank ALL of the team members for a wonderful state survey this year! This shows how much we ALL care for our residents, guests and team members. GREAT JOB!

This year we are "remodeling" and "renaming" Christian Care! Starting February 3rd through February 14th, we are giving Christian Care the new name of "HOPE OF THE SEA". We are making our facility into a cruise ship with the help of the residents and team members.

What is HOPE? The dictionary says hope is TRUST, to desire with expectation of fulfillment. Betty Lough, Rene Biberstein and Lindsey Grube from activities are getting the residents involved in some special crafts, workshops, and other fun events. There will be several special food events to try some new items, and maybe even help prepare some snacks for everyone! These special times will be posted as we get closer to the time to get the HOPE OF THE SEA ready to sail. This new adventure will help us all get through the winter months and enjoy something different.

There are many other special days in the next few months. February 11th is Peppermint Patty Day, and February 20th is National Cherry Pie Day.

March is National Nutrition Month. I have a WONDERFUL team in the kitchen. They prepare good food, enjoy the residents, and are very conscientious of what they do and the results that they desire. I am VERY thankful for each of them!

April 6th is Caramel Popcorn Day, the 17th is Cheeseball Day and the 26th is Pretzel Day. We all enjoy these extra snacks and are thankful that we are able to do these events.

> - Lolly Harter, CDM, CFPP Director of Food & Nutrition Services

Food For Thought -

"Looking for that blessed hope, and the glorious appearing of the great God and our Saviour Jesus Christ; Titus 2:13



Welcome Admissions & Discharges

Health Care welcomed ...

- Wanda Steffen
- Joan Gerber
- Anita Bertsch
- Betty Kunkel
- Carolyn Bennett
- Tom Moser
- Doyle Stern

Health Care discharged...

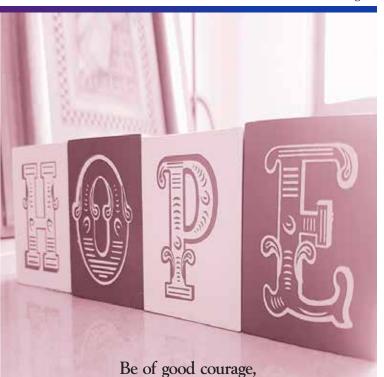
- Tom Williams
- Anita Bertsch
- Tom Moser
- Carolyn Bennett

Assisted Living welcomed...

• Nellie Sleppy on November 9, 2019.

Assisted Living discharged...

<u>Betty Johns</u> to her home on November 16, 2019. Assisted Living wishes Betty the best.



Be of good courage, And he shall strengthen your heart, All ye that hope in the Lord. Psalm 31:24

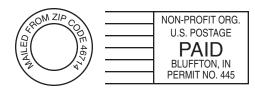
Christian Care Says Farewell

<u>Mabel Heyerly Moser</u> came to Healthcare on May 15, 2008 from Bluffton Regional Medical Center, and passed away on September 22, 2019. She is survived by a daughter, two step-children, three grandchildren, nine step-grandchildren, nine great-grandchildren and numerous step-great-grandchildren. She was a homemaker. She was a member of the Apostolic Christian Church. We express our deepest sympathy to her family.

- Lucile Frauhiger came to Healthcare on September 14, 2015 from Bluffton Regional Medical Hospital, and passed away on October 20, 2019. She is survived by her husband, Melvin, two daughters, six grandchildren and nineteen great-grandchildren. She was a homemaker. She was a member of the Apostolic Christian Church. We express our deepest sympathy to her family.
- Jane Waters came to Healthcare on August 29, 2019 from Bluffton Regional Medical Hospital Continuing Care, and passed away on October 21, 2019. She is survived by her husband Greg, a daughter and two grandsons. She retired from First National Bank, Bluffton. She was a member of Hope Missionary Church. We express our deepest sympathy to her family.

- <u>Madeline Brindle</u> came to Healthcare on June 16, 2016 from Assisted Living, and passed away on November 3, 2019. She is survived by two daughters, ten grandchildren, seventeen great-grandchildren and eight great-great-grandchildren. She was a homemaker and worked on the family farm. She attended Hope Missionary Church. We express our deepest sympathy to her family.
- Doris Inskeep came to Healthcare on January 2, 2019 from her home, and passed away on November 10, 2019. She is survived by a son, two daughters, eleven grandchildren and eleven greatgrandchildren. She retired from Wells Community Hospital. She was a member of Liberty Center United Methodist Church. We express our deepest sympathy to her family.
- Evelyn Morrissey came to Healthcare on April 21, 2017 from Bluffton Regional Medical Center, and passed away on January 1, 2020. She is survived by two sons, two daughters, four grandchildren and nine great-grandchildren. She retired from the shoe store that she and her husband owned. She was a member of St. Joseph Catholic Church. We express our deepest sympathy to her family.





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Return Service Requested

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CCRC Admits and Discharges 2019 Duplex Admits Duplex Discharges 7 7 **Patio Pines Admits Patio Pines Discharges** 0 2 Willow Lane Discharges **Willow Lane Admits** 4 2 **Three Oaks Admits Three Oaks Discharges** 2 8 Sugar Maples Suites Admits **Sugar Maples Suites Discharges** 4 6 **Health Care Discharges Health Care Admits** 30 30