**September 23, 2019 (All meals include dessert of the day)**

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| **Lunch Special** | **Dinner Special** |
| Roast Pork  Cooked Cabbage  Mashed Potatoes/Fruit | Sloppy Joe in Bun  Choice of Chips  Fruit Cocktail |
| Taco Baked Potato  Corn Chips  Rosey Applesauce | Chicken Salad on Croissant  Pretzels  Grapes |
| Almond Tilapia  Candied Sweet Potatoes  California Blend | Pigs in a Blanket  Carrot Raisin Salad  Jell-O |
| Country Fried Steak  Au Gratin Potatoes  Toss Salad/Dressing | PB&J Sandwich  Potato Soup  Orange Wedges |
| Meatloaf  Seasoned Steak Fries  Prince Charles Blend | Chicken & Noodles  Mashed Potatoes  Buttered Peas |
| Orange Flavored Pot Roast  White Rice  Mixed Veggies | Bologna & Cheese Sandwich  Chicken Rice Soup  Cucumber Salad |
| Smoked Pork Chops  Oven Roasted Potatoes  Fresh Spinach Salad | Tator Tot Casserole  Vegetable Beef Soup  Fruit |

**October 7, 2019 (All meals include dessert of the day)**

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| **Lunch Special** | **Dinner Special** |
| BBQ Ribs  Rice Pilaf  California Blend | Chicken Patty on Bun  Potato Salad/Mac Salad  Pickle Spear/Fruit |
| Hamburger in Bun  Fixins/Cookie  Grapes/Chips | Fish Sticks  Cole Slaw  Peas & Carrots |
| Fried Chicken  Mashed Potatoes\Gravy  French Green Beans | Ham Salad Sandwich  Ol’Fashion Chix Noodle Soup  Watermelon |
| Salisbury Steak  Hash Brown Casserole  Buttered Broccoli | Chip Beef/Biscuit  Cheese Cubes  Cherry Tomatoes |
| Roast Beef  Potatoes & Carrots  Cantaloupe | Plated Tuna Salad  Seashell Pasta  Fresh Orange Wedges |
| Lasagna  Garlic Bread  Toss Salad/Dressing | Grilled Chicken Bites  Potato Coins  Grapes |
| Ham & Beans  Corn Muffin  Deviled Eggs | Grilled Roast Beef/Swiss/Rye  Sweet Potato Fries  Applesauce |

**September 30, 2019(All meals include dessert of the day)**

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| **Lunch Special** | **Dinner Special** |
| Beer Battered Fish  Steak Fries  Stewed Tomatoes | BLT’S  Cottage Cheese  Sunshine Jell-O Salad |
| 5 Cheese Ravioli  Broccoli Salad/Garlic Bread  Fruit Salad | Philly Steak Sandwich  Tri-Tator  Carrot\Celery Sticks\Dip |
| Chicken Fried Rice  Cole Slaw  Egg Rolls | Plated Pork BBQ  Baked Beans  Bow Tie Pasta Salad |
| Tenderloin Basket  Fixins  Rosey Applesauce | Scalloped Potato\Ham Bake  Green Beans  Apricots |
| Turkey Manhattans  Mashed Potatoes\Gravy  Normandy Blend | Beef Stew\Biscuit  Cheese Stick  Mandarin Oranges |
| Baked Steak  Mashed Potatoes/Gravy  Mixed Veggies | Midwestern Stew  Dinner Roll  Diced Peaches |
| Chicken Cordon Bleu  Fresh Baked Sweet Potato  Succotash/Fruit | Beef Pot Pie  Bran Muffin  Tropical Fruit |

**October 14, 2019  (All meals include dessert of the day)**

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| **Lunch Special** | **Dinner Special** |
| Pizza  Toss Salad\Dressing  Sliced Peaches | Beef & Noodles  Mashed Potatoes  Honey Glazed Carrots |
| Grilled Chicken Breast  Candied Sweet Potatoes  Italian Green Beans | Goulash  Bosco Stick  Sliced Cucumbers\Dressing |
| BBQ Meatballs  Corn Casserole  Fresh Cut Pineapple | Cheese Omelet  Blueberry Muffin  Hash Brown Patty |
| Baked Pork Chops  Mashed Potatoes\Gravy  Capri Blend | Chili Soup W\Beans  Toss Salad  Fruited Jell-O |
| Beef Stroganoff  Buttered Noodles  Mixed Veggies | Spanish Rice  Overnight Salad  Fruit Salad |
| Smoked Sausage  Mac & Cheese  Harvard Beets | Grilled Cheese Sandwich  Tomato Soup  Grapes |
| Ham Loaf  Scalloped Potatoes  Toss Salad\Dressing | Egg Salad Sandwich  Pickle Spear  5 Cup Salad |