

NEWSLETTER

A quarterly newsletter for the friends and family of Christian Care Retirement Community

August-October 2019

30th Anniversary Celebration!

Someone once said, "Time flies when you are having fun!" To put it another way, "Time flies when you are doing what you love!"

In both instances, these sayings are true here at Christian Care. We have had the pleasure and satisfaction of caring for hundreds of residents over the years since our opening in 1989. We want to take this time to thank all of the residents

and their families who put their trust in us to care for them and their loved ones at a high level and in a Christ-centered manner.



We are very thankful also for the hundreds of different team members and volunteers who have spent countless hours sitting with residents, listening to their stories, exercising patience during those difficult shifts, and ultimately showing the empathy, compassion and love needed.

Thank you to our vendors and business partners who have faithfully worked with us and assisted us in our mission of providing compassionate, quality care.

Lastly, we want to say a big Thank You to Leon Gerber, Mick Cupp and all of our past Board Members for casting a vision for the future and helping guide our organization from infancy to what it is today. We would not be here today without your dedication and service – thank you!

To celebrate our 30th year of operation, we invite you to join us for a fun-filled picnic celebration in mid-September 2019. Stay tuned for more details including dates and times of the event.

Inside:

Activities Department2
Birthdays3
Nursing Notes4
Dietary News5
Admissions6
Farewells6
Independent Living6
Volunteer Connection 7

Thank you, Preston D. Kaehr Executive Director

Activities Department

Greetings from Activities!

We have had a wet spring and we thought summer would never show up. We pray that our farmers will have a good yield this year.

Our residents have enjoyed spending time on the patio, walks around the campus and fishing in the pond. We have also kept busy with crafts, van rides, shopping trips, and other activities.

The Fort Wayne Children's Zoo stopped by for a visit; we enjoyed seeing a few of the animals, a guinea pig, dove and millipede. The Golden Apple spent a day at the zoo. I am hoping that we can make one more trip to the zoo before the weather turns cold.

We celebrated Armed Forces Day with Kayleen Reusser, her slide show and presentation about World War II and the stories she shared about our veterans brought many to tears. Thank you to all that have and still serve, and to their families. God Bless America.

We enjoyed the Father's Day fish fry. Thank you to everyone who participated and assisted in making the evening special for our men. Upcoming events:

- Senior Saints will be held on August 23 at 10:30 am in the Fellowship room.
- Stephen Forster and his puppets will be here on September 13 at 10:00 am in the Fellowship room.
- Orchard residents will be going to the Bluffton Street Fair in September for lunch. The date and time is yet to be determined. We will also be taking the bus through the Industrial Parade during the Bluffton Street Fair this year – more details to come.

May the rest of your summer be blessed; we look forward to seeing you throughout the fall.

Betty Lough
 Activity Director



720 E. Dustman Road Bluffton, Indiana 46714-1214 Phone (260) 565-3000 Administrative Fax (260) 565-3009 Nursing/Orchard Fax (260) 565-3003

Web Site: www.christiancarerc.org

E-mail: info@christiancarerc.org

Retirement Community consisting of: Independent Living

- · North Shore Estates
- Lakeview Estates
- · Patio Pines Apartments

Assisted Living

- · Three Oaks Apartments
- · Sugar Maple Suites

Skilled Nursing

- The Orchard
- Golden Apple
- South Woods Rehab/Skilled

ADMINISTRATION

Executive DirectorI	Preston D. Kaehr
Administrator Do	onna Emshwiller
Director of Nursing	Rachel Quillen
Business Office	Donna Geisel
Social Service Director	Maria Bates
Residential Services Director	Emma Rhoderick
Dir. of Food & Nutrition Svc	sLolly Harter
Maintenance Supervisor	Dion Dubbeld
Executive Housekeeper	Kandy Kahn
Laundry Supervisor	Rita Davis
Activity Director	Betty Lough
Volunteer Coordinator	Kim Maller

Members of:

- · Leading Age Indiana
- Wells County Chamber of Commerce

Mission Statement:

"Enriching senior living with Christian values and compassionate quality service."

Newsletter Change

Please Note – Our newsletter will now be published quarterly instead of bi-monthly.

Housekeeping & Dietary Needs

Housekeeping and Dietary are in need of terry cloth towels and wash cloths for cleaning.

If you can help, please drop them off at the main lobby reception desk.

Thank You, Housekeeping & Dietary

Happy Birthday!!!!!!

Residents

Mary CoffieldAug. 1
Ellen GeiselAug. 2
Bettie AndersonAug. 4
Carolyn BennettAug. 6
Eleanor BenesAug. 7
Clyde ShadyAug. 8
Bonnie WordenAug. 8
Arleen SmithAug. 9
Marilyn BaumgartnerAug. 11
Wendell GerberAug. 13
Lucile FrauhigerAug. 19
John CuppAug. 21
Sandra WrightAug. 22
Dorothy ZauggAug. 24
Lela MoserAug. 26
Bev TroxelAug. 26
Paul HaffnerAug. 28
Rita ReinhardAug. 29
Claire Yergler Sept. 1
Marilynn Triplett Sept. 4
C1: C
Caroline SeeseSept. 5
Jan CurrySept. 7
Jan CurrySept. 7
Jan Curry Sept. 7 Ida Aschliman Sept. 10
Jan Curry
Jan CurrySept. 7Ida AschlimanSept. 10Rose FrauhigerSept. 17Judy StephensSept. 22
Jan Curry

Vickie Osborn	Oct. 27
Jerry Shaw	Oct. 27
Pauline Kolter	Oct. 28
Ruth Falk	Oct. 29
Robert Zaugg	Oct. 29
Betty Steffen	Oct. 30
Bette Erxleben	
Vernon Gerber	Nov. 1
Gloria Kaehr	
Ruth Ann Monroe	Nov. 4
Donna Jean Warnimont	Nov. 9
Madeline Brindle	
Joyce Troxel	
Mary Kay Prough	Nov. 16
Joyce Longenberger	
Vernon Bynum	
Bonnie Gerber	
Keith Meade	
Marilyn Meade	
Lois Brickley	
Betsy Strahm	
Louise Deihl	
Bette Mathias	



Employees

Ron Furry	Aug. 1
Martha Stoller	Aug. 1
Shirley Roth	Aug. 4
Cecelya Archbold	Aug. 8
Haleigh Rydell	Aug. 8
Rene Biberstein	
Preston Kaehr	Aug. 10
Cierrah Myers	
Ashley Culy	
Elaine Kipfer	
Ava Clark	
Etta Steffen	_
Nattasha Baumgartner	
Deb Dove	
Makayla Leyse	
Connie Parsons	-
Tiffany Roe	_
Jen Whicker	
Lana Summers	
Bailey Liter	•
Leon Gerber	
Robin Ginger	-
Emily Werling	
Amber Brickley	
Anastasia Shanks	
Spencer Black	
Jennifer Sander	
Rachel Fiock	
Oriana Makowski	
Rose Moser	
Katelyn Pfister	
Dion Dubbeld	
Megan Garza	
Shelby Cole	
Sydney Beitler	
Megan Carrico	
Lolly Harter	Oct. 28
Victoria Patz	Oct. 30
Trey Craighead	Oct. 31
Kandy Kahn	Nov. 1
Tyler Urshel	
Janet Jones	
Amy Anderson	
Ruth Allen	
Alicen Rinehart	
Ron Dubbeld	
Michelle Cordle	
Rease Minniear	
Ireland Greenway	
Colten Jones	
Betty Lough	
Cassie Priester	
Cassic 1 110stc1	40v. JU

Nursing Notes

With CCRC 30-year celebration approaching, the nursing department is fortunate enough to have two team members that "came with the furniture" those 30 years ago. If you have had connections with CCRC over the years then you may be familiar with Diane Johnson, RN and Deanna Stuckey in Medical Records. While sitting down and talking to each of them about their 30 year journey there were many stories, memories and laughs.

Diane came to CCRC after working in pediatrics at Caylor-Nickel and recalls the change going from taking care of kids to taking care of geriatrics. She remembers how much the state had to come in initially in order to approve and open a new facility with all the guidelines that had to be in place. She also has fond memories of Maureen Stettner, whom was the Director of Nursing at CCRC until her retirement in 2008. Diane stated that Maureen really empowered her throughout all the years they worked together. Diane's roles over the years included evening shift floor nurse, scheduling, in-servicing, Assistant Director of Nursing, and she has been a CNA instructor for nearly 20 years at the facility. She has made an impact on so many new CNA's and has a unique gift for teaching this class. Diane is very proud that so many of the CNA's she has taught over the years are still at CCRC, and some have even went on to be nurses at CCRC. Diane currently is a full time floor nurse caring for residents.

Deanna came from another care facility before starting at CCRC. She also recalls many changes over the years and she even shared a notebook that she has had since 1989 in which she keeps record of every resident admission and discharge to this day. Deanna is famous around here for being able to recall the exact room number a resident resided in from the past. She also recalls that the first resident was admitted on Black Friday of 1989, and by the end of December there were a total of 14 residents admitted on Cherry Tree. She remembers Dr. Cripe being the first Medical Director of CCRC. Deanna was originally hired as a CNA, then in 1991 started working as a QMA. In 1996 a medical records position became open and she felt this would be an area she would



30 Years of Service in the Nursing Department

really enjoy. Over the years Deanna has also done staff scheduling, purchasing and stocking of supplies. Currently her Medical Records role has allowed her to grow and start working with insurance companies. She also oversees the Senior Well services that are provided at CCRC.

Diane and Deanna were asked the following questions:

What made you apply at CCRC 30 years ago?

Diane- "My husband encouraged me to apply, he thought it would be a great place for me to be. I interviewed with Maureen and I remember she called me every day until I agreed to take a position at CCRC."

Deanna- "I was looking for a different job and experience and it being a brand new facility really appealed to me."

What has kept you at CCRC all these years?

Diane- "It just feels comfortable, the organization itself and the benefits are so good and I love working with the residents and the families."

Deanna- "The atmosphere and the residents"

Next time you see Diane or Deanna give them a pat on the back and thank them for helping make CCRC what it is today!

> Rachel Quillen, RN Director of Nursing

Serving with

Finally, be ye all of one mind, having compassion one of another, love as brethren, be pitiful, be courteous:

- 1 Peter 3:8

for 30 Years! ~ RECIPE ~

DESSERT PIZZA COOKIE

½ cup sugar

½ stick margarine

½ cup peanut butter

1/3 cup brown sugar

1 egg

1 tsp vanilla

Cream together ingredients then add 1½ cups of flour.

Press dough into a greased 15-inch pizza pan. Bake @ 375° for 10-15 minutes, watch and make sure not to overbake.

After crust is cool, frost with your favorite frosting. Press crushed Oreos & M&M's onto frosting. Layer with any kind of yummy candies or crushed cookies you like!

Cut and ENJOY!

Amy Anderson

Dietary News

Residents, staff and guests are having a lot of conversations about how different this summer has been. We all get so used to the way things "normally" are, and when changes take place we realize that we can do nothing about it... just adjust to it!

We "usually" have locally-grown sweet corn, cucumbers, tomatoes, peppers and green beans. This year... we don't know what, if any, produce will be available... but we will survive!

I have had people ask me about food recalls. Recently there have been a lot of different food items that have been recalled throughout the country. Our main food supplier is GFS. If we receive any recalls on food items, I will get a message from GFS and they will give me the information that they have on the item. There are a lot of codes on each box that we receive. When a recall occurs, I will check the codes that are given to me. If we do receive anything that is affected by these recalls, I check out each item. I then contact GFS and let them know

what we have in stock. Any item that is in the code is discarded immediately. We do get credit for all items that are discarded. I receive these messages 24 hours a day. This seems to be a good system.

We will be having banana splits for everyone in the middle of August. We will let everyone know when that will take place. August 15th is Lemon Meringue Pie day. We will be enjoying that treat at lunchtime.

September will be a very busy month. The 12th is Chocolate Milkshake Day. Street Fair week is September 17th-21st. We will be serving our traditional fair food all week long! That will include elephant ears and caramel corn!

Residents and staff enjoy these special food days. It gives everyone a break to just enjoy a special treat and talk with each other. We all can learn a lot from those who have had more experiences in life and are willing to share with others.

Lolly Harter, CDM, CFPP
 Director of Food & Nutrition Services

Food For Thought -

For we brought nothing into this world, and it is certain we can carry nothing out. And having food and raiment let us be therewith content. -1 Timothy 6:7-8









Admissions & Discharges

Health Care welcomed...

- · Lela Moser
- · John Fogwell
- Gwen Fogwell
- · Ray Shaw
- · Margaret Nyffeler

Health Care discharged...

- · Wendell Gerber
- · Richard Snider

Assisted Living welcomed...

- <u>Connie Grissell</u> moved from her home in Monroeville to Willow Lane on May 29, 2019.
- <u>Bette Mathias</u> moved from her Christian Care duplex to Willow Lane on June 8, 2019.

Independent Living welcomed...

- Lorena (Renie) Steffen joined the Lakeview Court family in April of 2019. She hails from right here in Bluffton. Lorena is a member of the Apostolic Christian Church in the country. As well as being a stay-at-home mom, she also worked a number of years at what was once Wells Fargo Bank. Now she enjoys reading and doing puzzles. She also keeps busy by walking, being out and about, and doing charity work. Lorena has six children, 17 Grands and six Greats! Welcome Lorena!
- Ruth Ann Monroe to the Lakeview Court family on May 20, 2019. Ruth Ann, of Bluffton, was formerly an elementary school teacher and then a school librarian for Bluffton Harrison Schools. She is a member of the First Baptist Church in Bluffton. She stays active helping with the children's programs there. Ruth Ann also enjoys researching genealogy. She has two sons, one in Dallas, TX and the other lives in Sioux Center, IA. She also has six grandkids. We are glad to have you, Ruth Ann!

Christian Care Says Farewell

Carolyn Harnish came to Healthcare on November 16, 2018 from her home and passed away on April 25, 2019. She is survived by two sons, two daughters, 11 grandchildren and 17 great-grandchildren. She was a homemaker and assisted with the family farm operations. She was a member of the Murray Missionary Church. We express our deepest sympathy to her family.

Martha Reinhard came to Assisted Living on September 5, 2015 and passed away on May 20, 2019 at Bluffton Regional Medical Center. She is survived by a daughter, two sons, and many grandchildren, great-grandchildren and great-great-grandchildren. Martha worked and retired from the U.S. Postal Service after 18 years. We express our deepest sympathy to the family.

Jerome Rauch came to Healthcare on August 17, 2018 from Bluffton Medical Regional Hospital Continuing Care and passed away on May 24, 2019. He is survived by his wife Virginia, two sons, a daughter, 12 grandchildren and 30 great-grandchildren. He retired in 1995 from the Indiana Department of Transportation. He was a member of the Apostolic Christian Church. We express our deepest sympathy to his family.

Independent Living News

Independent Living residents have kept busy this Spring and Summer!

In May, a good group of ladies ate lunch at Hugh's Coffee Shop and then went to a Succulent Class at Fields of Grace Floral Shop and Boutique. We learned how to plant and take care of succulents and got to take a beautiful plant home!

We kicked off our summer walking program, "The Amazing Race-Indiana Edition" at our "Floating Into Summer" event with root beer floats. The floats were a success and a good number signed up for the "Amazing Race." They have already logged quite a few miles. A few are on the bonus round which is making laps around the Indy 500 track.

We held a Fitness Carnival that focused on Functional Fitness, enjoyed a game day and a ladies' movie matinée. Cathy also implemented a new form of exercise called "Stix" which involves drumming and keeping time. It has been well received.

We thank God for every resident and the relationships we are forming! Have a great rest of your summer! Be happy and safe!

Volunteer Connection

For this newsletter, I would like to feature a volunteer who has been faithful to Christian Care for 30 years. That volunteer is Wilmer Gerber.

Wilmer and his wife Clara started volunteering before the building was even open. Together they sat at the front desk (when the front desk was where I now sit) and answered questions, directed traffic, and of course delivered mail. Wilmer has delivered the mail faithfully each week and on some occasions delivered the mail more than one time per week. Wilmer has now decided that it is time for some younger ones to take over and fill his shoes. Filling Wilmer's shoes will not be an easy task for me since I will miss seeing him roam the halls, but I know the Lord will provide another faithful person to take his place. So if you see Wilmer please congratulate him on service work very well done.

Vacations, Vacations - we are in the midst of prime vacation time. So many of you volunteers are still managing to come in on your regular time slot and the rest of you are finding subs which we are all so thankful for. I am trying really hard to keep this all straight, so if you come in and I call you by a name that is not yours please forgive me.

As fall approaches and your children return to school, we would love to fill a spot on your calendar for one time a month. We will have openings in Bingo, mail delivery, passing water, taking people to the beauty shop, and delivering meals. So if you want a little something to do one time a month, please give me a call.

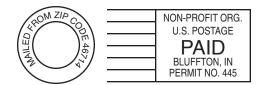
– Kim Maller Volunteer Coordinator







720 Dustman Road • Bluffton, Indiana 46714-1214 Phone (260) 565-3000



Return Service Requested

Page 8

Newsletter – August-October 2019

New Golf Cart Purchased

You may notice a new golf cart being driven around Christian Care by residents and staff.

The new golf cart was recently purchased at auction for our residents and their families to enjoy while visiting. The new cart is electric and can have up to 4 adult passengers.

We were able to acquire the new cart thanks in part to donations made to Christian Care for this specific purpose. Thank you to Dion Dubbeld and Ellenberger Auctioneers for helping us find our new golf cart!

Those interested in using the golf cart can stop by the Business Office desk, or call 260-565-3000 and speak with Jen Whicker to learn about using the cart. The Business Office is open Mon-Fri from 8am-4:30pm.

We hope everyone SAFELY enjoys the new golf cart. Happy Summer to all!



Pictured from left to right: Lisa Mann (daughter of resident), Barb Pfister (resident), Preston Kaehr (Executive Director)