



NEWS LETTER

A bi-monthly newsletter for the friends and family of Christian Care Retirement Community

July/August 2018

Administration News

Change is defined as “to become different” “to undergo transformation”

This change allowed me to get to know families and residents more while gaining experience in finance and operations.

As I've watched Christian Care change and transform over the years, I've been fortunate to be able to change and transform right alongside it. When I began working here in early 2005 as the Director of Human Resources, I focused on getting to know the employees and helping to improve the policies and processes necessary to attract and retain quality personnel. In 2014 I accepted the Business Office Manager position. This change allowed me to get to know families and residents more while gaining



experience in finance, and operations. Recently, I was able to consider another change and apply for the Health Care Facility Administrator position. I feel the Administrator position is a strategic balance of leadership, operations, human resources and finance all of which are vital components of fulfilling the mission at Christian Care. The position requires a license and often involves a 6-12 month training program referred to as AIT. The training program can include classroom studies as well as spending a required amount of hours spread over all departments to gain a working knowledge of the regulations and fundamentals of each area and then passing a federal and state examination. Professionally it is keeping me very busy! On a personal note, my husband, John, and I have been married 25 years, live in Bluffton, and have two children. Rachel is 23 and Lucas is 20. I'm thankful for the opportunities I've had here at Christian Care and feel very privileged to be able to continue to serve residents, families & staff.

– Donna Emshwiller, AIT

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Activities Department

Summer is finally here!! Our Patio looks amazing with all the beautiful flowers; thank you to the ladies who keep them looking nice. The Golden Apple has planted their garden. We have planted a small garden in Assisted Living. Our residents enjoy watering the flowers and taking care of the gardens.

June has been a fun and busy month for us. We enjoyed the vacation Bible school. They played bingo and sang to us. How we enjoyed seeing all the kids! They are a blessing to us. Several of the residents went to the Apostolic Country Church for the VBS program. They enjoyed seeing and hearing all the kids sing. Boy there were a lot, I believe 500 children. Thank you to VBS for including us in your program.

We had a good turnout for the Father's Day Fish Fry. Thank you Lolly for frying the fish and preparing the meal. It's such a blessing when we get to fellowship with each other.

Rene has kept assisted living residents busy with van rides, shopping trips and dine outs. She continues to bring new activities keeping our minds active. Thank you to Bluffton Middle School for inviting us to have lunch and listen to your book reports. We certainly enjoyed it.

We invited River Terrace to go fishing with us. We caught several small fish. I am thankful to be able to continue to grow our friendship with them.

We continue to go on van rides. The residents enjoy our stops at the Wilshire, Ohio Drive In to get ice cream.

The Golden Apple took a trip to the zoo. They had a beautiful day. Our residents sure do enjoy seeing all the animals. They keep busy doing different crafts and activities.

Senior Saints will be here on July 20th at 10:30am in the Fellowship Room, and we will continue to have our Sunday afternoon entertainment. On August 12th at 3:30 in the Fellowship Room we have a special entertainer coming: Danny Paul. He has performed at the Grand Ole Opry along with other country music entertainers.

I would like to welcome Kylea Henderson to the Activity Department. Kylea is a recent graduate from high school; she is very excited about joining our team. Kylea will work part time in both healthcare and assisted living.

Have a blessed and safe summer.

– Betty Lough
Activity Director



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Res: ccrcresidents@christiancarerc.org

Retirement Community consisting of:

- Independent Living
 - North Shore Estates
 - Lakeview Estates
 - Patio Pines Apartments
- Assisted Living
 - Three Oaks Apartments
 - Sugar Maple Suites
- Skilled Nursing
 - The Orchard
 - Golden Apple
 - South Woods – Rehab/Skilled

ADMINISTRATION

Executive DirectorPreston D. Kaehr
Asst. Exec. Director Leon R. Gerber
Director of NursingRachel Quillen
Business Office..... Donna Emshwiller
Social Service DirectorMary Lynn Frank
Residential Services Director ... Emma Rhoderick
Dining Services DirectorLolly Harter
Maintenance SupervisorRon Dubbeld
Executive HousekeeperKandy Kahn
Laundry SupervisorRita Davis
Activity DirectorBetty Lough
H.R. Coordinator Leann Nash
Volunteer CoordinatorKim Maller

Members of:

- Leading Age Indiana
- Wells County Chamber of Commerce
- Better Business Bureau

Mission Statement:

“Enriching senior living with Christian values and compassionate quality service.”



Happy Birthday!!!!!!

Residents

HEALTHCARE

- Mary CoffieldAugust 1
- Clyde Shady.....August 8
- Arleen Smith.....August 9
- Bettie AndersonAugust 23
- Judy Stephens..... September 22
- Bob Meyer September 23
- Phyllis BucherSeptember 26

SUGAR MAPLE

- Carolyn Bennett.....August 6
- Bonnie Worden.....August 8
- Wendell GerberAugust 13

THREE OAKS

- Caroline Seese.....September 5

PATIO PINES

- Charlie GerberSeptember 26

VILLA RESIDENTS

- Ellen GeiselAugust 2
- Eleanor Benes.....August 7
- Marilyn Baumgartner.....August 11
- Lucile Frauhofer.....August 19
- Sandra WrightAugust 22
- Bev Troxel.....August 26
- Paul Haffner August 28
- Rita ReinhardAugust 29

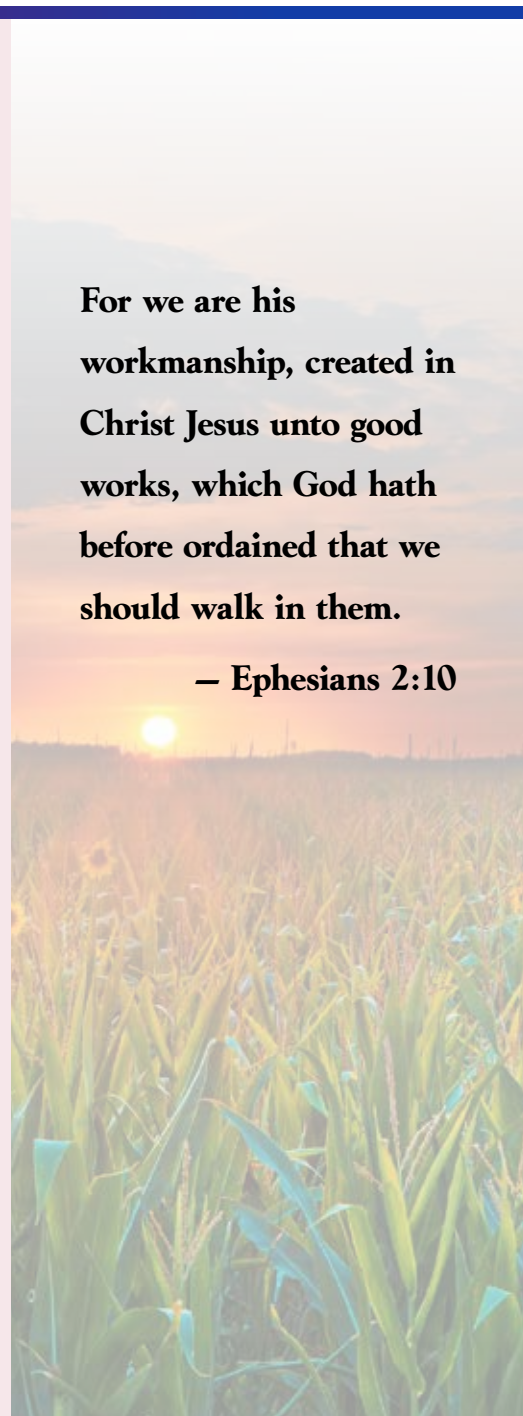
- Claire Yergler.....September 1
- Marilynn TriplettSeptember 4
- Jan Curry.....September 7
- Ida Aschliman.....September 10
- Rose Frauhofer.....September 17
- James E. Smith.....September 28

Employees

- Martha Stoller.....August 1
- Allyson IsnogleAugust 3
- Cecelya Archbold.....August 8
- Rene Biberstein.....August 9
- Preston KaehrAugust 10
- Brandon Gephart.....August 18
- Ashley CulyAugust 24
- Etta Steffen August 28
- Nattasha BaumgartnerAugust 29
- Debra Dove.....September 1
- Emily Haiflich.....September 1
- Reesa GrubeSeptember 5
- Connie Parsons.....September 7
- Deborah MasseySeptember 9
- Lana Summers..... September 11
- Bailey Liter September 12
- Leon Gerber September 15
- Robin McBride September 15
- Rhonda Tonner September 23
- Amber Brickley.....September 27
- Anastasia Shanks.....September 27

**For we are his
workmanship, created in
Christ Jesus unto good
works, which God hath
before ordained that we
should walk in them.**

– Ephesians 2:10



In memory of:

- Howard Baumgartner*
- Robert (Bob) D. Gerber*
- Dorothy "Dot" Kipfer*
- Dina Fae Moser*
- Anne Pfiefer*
- Ilean Steffen*
- Alice Troxel*
- Richard (Dick) Troxel*

Good Samaritan Charitable Program



Thank you to all who remembered our loved ones.

Nursing Notes

Dementia is a progressive loss of brain cells resulting in a decline of day to day cognition and functioning. This may include one's language, judgment, memory, and/or visual and spatial abilities.

Most of our residents in the Golden Apple are in the moderate stages of dementia. Symptoms we see can be any of the following: cannot be left unsupervised, shorter attention span, become restless, wandering (especially in afternoon and evening), need assistance with ADL care, words are harder to form or may use incorrect words, unable to do complicated tasks, have poor short term memory, repetitive vocal or movements, easily overwhelmed by noise or environmental factors, or they may forget people's names and/or may not recognize family members.

Therefore, our job is to keep our residents busy to decrease behaviors and to keep their

brains active. We have diverse activities such as: exercising twice a day, playing kickball, walks, sitting on the patio, maintaining our garden, golf cart/van rides, baking, cutting stamps out for Haiti, feeding the birds, pet visits, shuck corn, snap green beans, piano tunes and sing-a-longs. We play word games, dominoes, bingo, Uno and trivia games. We also love making crafts to help decorate our unit. We have monthly dine outs that the residents just love! In addition, we have our annual trips: Zoo in June, Street Fair in the Fall and Christmas lights in the Winter. Our upcoming Annual Ice Cream Social is in August. Feel free to follow us on our Christian Care Facebook page – Christian Care Retirement Community – to see what we are into next.

There are many resources available for finding information regarding dementia/

Alzheimer's. For instance, you can look online at alz.org, or Christian Care has a DVD that we sign out to our families to watch at home at your convenience. Please contact me for more information. Also, Mary Lynn and I host Dementia Family Education Night twice a year for our families, providing special speakers and information. Any questions, feel free to contact me anytime at goldenapple@christiancarerc.org or 260-565-3006 ext. 2158.

Just a reminder that we appreciate all of our families and visitors visiting, but unless you are taking a resident out we are asking you not to use our Golden Apple back door. The resident's safety is our priority, therefore, we need to limit access to the unit back door. Please help us spread the word. Any questions please let me know. Thank you so much!

– Sarah King
Golden Apple Coordinator, LPN, CDP

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me; thy rod and thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.



Volunteer Connection

For this newsletter I would like to introduce you to all the volunteer names that we are blessed to see each month in our building. It is a long list and we are so thankful for each of you and the time you give to honor our residents.

Alyssa Aschliman	Jill Fiechter	Melanie Gerber	Lora Kieser	Maureen Reinhard
Dana Aschliman	Lynn Fiechter	Nancy Gerber	Aaron Kipfer	Louise Reimschisel
Carol Baker	Shari Fiechter	Pat Gerber	Dixie Kipfer	Al Ringger
Shelly Baller	Shirley Fiechter	Mrs. Earl (Pat) Gerber	Linda Kipfer	Maxine Ringger
Lorine Baumgartner	Susie Fiechter	Sadie Gerber	Rosie Kipfer	Myra Ringger
Marge Baumgartner	Jerry Flack	Susie Gerber	Carol Klopfenstien	Sheryl Ringger
Marilyn Baumgartner	Nancy Frank	Taffy Gerber	Colleen Landrum	Jeanne Rinkenberger
Mary Baumgartner	Mary Francesi	Wilmer Gerber	Mary Lantz	Elizabeth Schwartz
Abby Bertsch	Jane Frauhiger	Darlene Habegger	Val Lemman	Joe & Jan Schwartz
Brenda Bertsch	Janelle Frauhiger	Barbara Hasty	Cindy Lieurance	Jan Schwartz
Carmon Bertsch	Dean Gehring	Diane Heyerly	Pat Maller	Jeni Schwartz
Kellan Bertsch	Ann Gerber	Bob & Mary Honegger	Linda McAfee	Cindy Shorb
Kim Bertsch	Barb Gerber	Nancy Honegger	John & Carolyn Meyer	Joleen Sinn
Pat Bertsch	Betty Gerber	Tami Hulvey	Mrs. Les (Carolyn) Meyer	Austin & Rachel Smith
Bekah Brooks	Bill Gerber	Frank & Ruth Ifer	Gladys Mitchel	Betty Steffen
Rachel Brooks	Brooke Gerber	Amy Isch	Rosemary Mounsey	Marv & Della Steffen
Nile Bucher	Carol Gerber	Ann Isch	Brenda Moser	Kay Steffen
Karen Burke	Doug Gerber	Becky Isch	Emily Moser	Lyn Steffen
Coleen Culp	Evie Gerber	Brittany Isch	Jan Moser	Renee Steffen
Elizabeth Diehl	Gordy Gerber	Genny Isch	Wanda Moser	Maureen Stettner
Sally Dotterer	Jaci Gerber	Imogene Isch	Doris Neuenschwander	Tom Stogdill
Mike & Linda Dubach	Janel Gerber	Judy Isch	Jean Neuenschwander	Julie Stroup
Twila Dubbeld	Jinny Gerber	Leslie Isch	Sue Neuenschwander	Linda Stultz
Nancy Dunwiddie	Kathy Gerber	Lucy Isch	Evelyn Pope	Julie Tonner
JoAnn Dustman	Kay Gerber	Patti Isch	Jerome & Virginia Rauch	Lorie Ullmer
Rita Everett	Les & Rosemary Gerber	Allison Kaehr	Lori Reimschisel	Dean & Marlene Vanhorn
Betty Erxleben	Louise Gerber	Gloria Kaehr	Angie Reinhard	Pat Wall
Beth Fiechter	Mary Gerber	LouAnn Kaehr	Deb Reinhard	Viola Wolf
Dorothy Fiechter	Mary K. Gerber	Jacki Kershner	Gale Reinhard	Mary Jane Yergler
Gary Fiechter				

Even though this is a long list we are still in need of a few more volunteers to come in each month to do wheelchair rides on Tuesday mornings and to go along on our store visits on Wednesday afternoons.

Also at this time I would like to introduce you to two new volunteers that are taking on a new role here in the building. John Reinhard and Gary Tonner will be Christian Care's Chaplains. They can be

seen roaming through the hallways on the first and third Wednesdays of each month beginning at 1:30. Nile Bucher will still be volunteering his time to do the Bible Study for our Assisted Living and Independent residents. Everyone who attends thoroughly enjoys these studies.

I would also like to take just a minute and thank all those who came to the volunteer in-service meeting and especially

those who came in on your own to keep your TB test current.

Everyone at Christian Care enjoys all those who can come and visit during this summer break and we hope as summer unfolds you get a chance to also enjoy this gorgeous weather and plenty of time together with your family and friends.

– Kim Maller
Volunteer Coordinator

Welcome!!!!!!

Healthcare Admissions

Healthcare welcomed Phyllis Bucher from Bluffton Regional Medical Center ER for rehabilitation on March 31, 2018. Phyllis is married and has three children. She was a homemaker. She is a member of the Apostolic Christian Church–North. Welcome Phyllis!

Healthcare welcomed Doris Neuenschwander from Assisted Living on April 27, 2018. Doris is a widow. She is the mother of eight children. She worked at Farmer's & Merchants Bank and then as a homemaker. She is a member of the Apostolic Christian Church–East. Welcome Doris!

Healthcare welcomed Mary Coffield from Assisted Living on May 2, 2018. Mary is a widow. She has one son. She worked at the Bluffton News-Banner until her retirement. Mary is a member of the First Reformed Church, Bluffton. Welcome Mary!

Healthcare welcomed Sandra Myers from Bluffton Regional Medical Center Continuing Care on June 1, 2018. Sandra is a widow. She is the mother of a son and daughter. She is a member of the First United Methodist Church in Bluffton. She was a homemaker. Welcome Sandra!

Healthcare welcomed Clyde Shady from Lutheran Rehabilitation Hospital June 5, 2018. He is married and they have three children. Clyde used to work as a grocery manager. He is a member of the First Baptist Church of Bluffton. Welcome Clyde!

Healthcare welcomed Ermin Conner from Bluffton Regional Medical Center on June 7, 2018. Ermin is a widow. She has two sons. She worked at the hospital as a supply clerk. Ermin is a member of Epworth United Methodist Church, Bluffton. Welcome Ermin!

Healthcare welcomed Patricia (Patty) Moser from Bluffton Regional Medical Center on June 13, 2018. Patricia is married and they have two sons. She was a homemaker. She is a member of the First Reformed Church, Bluffton. Welcome Patricia!

Healthcare welcomed Arleen Smith from Bluffton Regional Medical Center on June 14, 2018. Arleen is a widow. She has a daughter and two sons. She worked as a bank teller at Old First Bank, Bluffton. Arleen is a member of the Liberty Center United Methodist Church. Welcome Arleen!

Healthcare welcomed Thomas (Tom) Williams from Lutheran Rehabilitation Hospital on June 18, 2018. He is married and has three daughters. Thomas worked for Farm Credit Services and was a realtor. He is a member of the First United Methodist Church, Bluffton. Welcome Thomas!

Discharged

Harry Steffen came to Christian Care Healthcare for rehabilitation on April 19, 2018 from Parkview Hospital. He completed his rehabilitation and went to reside in Assisted Living on May 11, 2018. We wish Harry the best!

Healthcare welcomed Larry Gilly from Bluffton Regional Hospital on April 24, 2018. He returned to his home on May 5, 2018 to be with his wife. We wish him the best!

Healthcare welcomed Ronald Heyerly from Lutheran Hospital for rehabilitation on May 18, 2018. He completed his rehabilitation and returned home on May 27, 2018. We wish him the best of health!

Residential Admissions

Philip and Luann Fall joined the Lakeview Court family, May 9, 2018. They are from the Bluffton area. Phil is retired from Nipsco and loves to golf. Luann is retired from Ellenberger Brothers. She works part-time in Dietary here at Christian Care. Phil has two children, seven grands and five greats! Their Schitzu, Molly, is getting to know her new home as well. Philip and Luann attend Six Mile Church. Welcome, Philip, Luann, and Molly!

Harry Steffen came to his Sugar Maple Suites apartment on May 11, 2018 after

a stay in healthcare. Harry was married and has five children. He started his own business, Star Engineering. Harry enjoys being outside and being a part of small groups. He is a member of the Apostolic Christian Church. Welcome Harry!

Christian Care welcomed Martha Rupel to Sugar Maple Suites on May 25, 2018. Martha is from Pennville and was married for sixty-three years. Her husband worked at Franklin Electric while Martha worked at the Dutch Mill. Martha is a mother of three children, two girls and one boy. She is a grandmother of nine and great-grandmother of eighteen children. She attends church services at the Nazarene Church. Welcome Martha!

Christian Care welcomed Florence Kellogg to Sugar Maple Suites on June 9, 2018. She was born in Pennsylvania but grew up in Louisiana. During the war she met her husband. They married in 1945 and moved to Indiana. She spent many years teaching French and English. She is the mother of two daughters, which are twins, and a son. Hobbies include gardening, bird watching and reading. She is a member of the Presbyterian Church. Welcome Florence!

Norma J. Imler moved into her home on West Shore Dr. on June 12, 2018. She was raised in Wells County and graduated from Bluffton High School. Upon marrying, she moved to Wabash County and was a resident there for 40 years. She has come full circle, back to her roots. Norma was employed at Oak Hill School in Converse, Indiana as an administrative assistant. In her free time, she enjoys flowers, gardening and scrapbooking. She is the daughter of Paul Haffner. She is blessed with three children and six grandchildren. Welcome, Norma!

Christian Care welcomed Betty J. Davis to Willow Lane on June 15, 2018. Betty was born in Anderson, Indiana. She has two daughters and two sons, eight grandchildren and one great-grandchild. She was a school bus driver for many years in Lawrence Township. Now she enjoys sewing and needle crafts. Betty is a member of the Baptist Church. Welcome Betty!

~ RECIPE ~

Blueberry Snack Cake

2 cups flour
 1½ cup sugar
 ½ cup cold butter (cut into small pieces)
 1 Tsp. baking powder
 1 cup milk
 2 eggs, separated
 2 cups fresh or frozen blueberries

Combine flour and sugar. Cut in butter until crumbly. Set aside ¾ cup for topping. Add the baking powder, milk, and egg yolks to this mixture then mix well. Beat egg whites until soft peaks form, then fold into batter. Pour into a greased 9x13 pan or baking dish. Sprinkle with blueberries first then reserved crumb mixture. Bake at 350 degrees for 30-35 minutes.

— Submitted by Connie Parsons

Dietary News

July has been designated as national ICE CREAM MONTH! We will be tasting several different flavors of ice cream this month. We will let everyone know a few days in advance so you can get your taste buds ready for a delicious treat!

The 21st of July is National Junk Food Day. We will have a variety of snacks on Saturday and then on July 30th we will have cheesecake for our lunch dessert to celebrate National Cheesecake Day!

August 1st is Raspberry Pie Day and the 6th is Root Beer Float Day. We enjoy some special treats throughout the year. A lot of people have mentioned that these special days bring back memories of their younger years growing up, when it was exciting to

try new items and have some fun during tough times.

Alexis Mittlestedt, who has been a co-worker in the Food and Nutrition Services department here at Christian Care, was awarded the Wells County Chamber of Commerce I.C.E. Student of the Year for Bluffton High School! Alexis has been a great employee and I was honored to be at the program when she received her award. She is focusing her future on becoming a nurse. Now Alexis is working in the nursing department and plans on attending Ivy Tech this fall. We all wish her the best.

— Lolly Harter, CDM, CFPP
 Director of Food & Nutrition Services

Food For Thought – God is greater than all your fears. Realize that if God has called you to a task, he will help you accomplish it.

Farewell to Dear Friends...

Alice Troxel came to Christian Care Healthcare on January 10, 2014 from Assisted Living and passed away on May 15, 2018. She is survived by her two brothers, a sister, sister-in-law and several nieces and nephews. She worked at Franklin Electric, Bowmar, and later retired from Micro Precision in Berne. Alice was a member of the Apostolic Christian Church-North. We express our deepest sympathy to her family.

Mary Lou Nusbaumer came to Christian Care Healthcare on May 2, 2015 from Bluffton Regional Medical Center and passed away on June 6, 2018. She is survived by her three daughters, a son, eleven grandchildren and fifteen great-grandchildren. She was a homemaker and helped her husband on their family farm. Mary Lou was a member of the Chester Center Church and played the piano up until her 91st birthday. We express our deepest sympathy to her family.

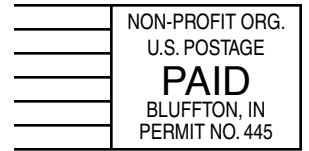
Howard L. Baumgartner came to Healthcare on September 27, 2017 from Bluffton Regional Medical Center and passed away on June 10, 2018. He is survived by his wife Joyce, four daughters, a son, fourteen grandchildren and seventeen great-grandchildren. He was a grain farmer for many years and he and his wife also owned/operated a motel in Florida for several years. He was a member of the Apostolic Christian Church-North. We express our deepest sympathy to his family.

Ilean E. Steffen came to Christian Care Healthcare on June 11, 2018 from Lutheran Hospital and passed away on June 14, 2018. She is survived by her three daughters, a son, thirteen grandchildren, and 24 great-grandchildren. She worked as a waitress at the Dutch Mill for many years and CTS Corporation for over twenty years. Ilean was a member of the Apostolic Christian Church-East. We express our deepest sympathy to her family.





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Return Service Requested

Good Samaritan Charitable Program



The generosity of people makes the hearts of mankind happier. This is the core of the mission of Christian Care's Good Samaritan Charitable Program. We want to thank all of you who responded to our "Financial Resources for Our Residents" article in our last newsletter with contributions.

The program was set up to "enrich the lives of our residents" and the enrichment continues to happen on a daily basis in many areas including:

- Residents who have exhausted their financial resources are being assisted with their monthly fees.
- Employees working while attending college are being granted Education Scholarships.
- Residents are enjoying the following enrichments that are the results of past charitable campaigns:
 - Chapel refurbishing
 - North Shore Activity Center
 - Buses for our outings and day trips

On behalf of the Board of Directors we are very grateful to all who have supported our Good Samaritan Charitable Program thru the past years.

– Good Samaritan Charitable Program Committee
Brad Fiechter, Jay Gerber, Klint Moser, Preston Kaehr & Leon R. Gerber